



THE FUNDAMENTALS OF ART

A Presentation by Koena Roneal Lagumen Yasunaga

DRIVING QUESTION

How can I advocate art as an interesting and refreshing hobby to our school?

Major reasons:

- I was only a freshman when I started to draw.
- I saw that many peers in my junior art classes were not very interested in taking up art as a hobby.
- Many of my friends are artists and I hope to expand the community.

Minor reasons:

- I wanted to start a project that I could be **familiar** with.
- I had most of the **experience and tools** to start such a project.



MENTORS

JENNIFER YASUNAGA

JEFF CHEN



My mentors who assisted me during this project.

ARGUMENTATIVE ESSAY

My argumentative essay was about the positive effects that pursuing a hobby can have for your physical and emotional health. During the research of this essay I discovered many reasons that would encourage people to pick up hobbies such as pottery, painting, and similar such activities. Research showed that the benefits that people reaped from these hobbies were similar to practicing tai chi and yoga.

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Mr. Niko Miller

Senior Seminar

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Hobbies

Often in today's world we find ourselves struggling to find time for our personal life among all the work we drown ourselves in, and when we do find time we spend it idling; We Consume digital media convinced it's the premium form of relaxation available to us in this modern age. Little do most recognize that they're isolating themselves from the same culture that they consume on a day-to-day basis; Most, full of the belief that being the creators of such media is reserved for the talented, the hardworking, and the rich. While some of that is true, you will find out that most hobbies are great for relaxation, give various health benefits, and are easy to get into.

Most individuals throughout the United States might associate hobbies such as art, pottery, and other similar activities as tedious and mentally exhausting but that couldn't be more father from the truth. The misconception about these hobbies comes from a mentality of treating it like a second job, placing expectations on yourself when you should be treating it as a time where you can relax and have fun, thus the name "hobby"; And unlike most jobs there is no pressure for being unable to meet expectations, after all, your future isn't at stake in a hobby.

Besides all the obvious good points about being able to have a hobby there's also proved physical and mental benefits from participating in such activities. There has been consistent evidence throughout the years of how yoga, art, music, and other activities like it have positive effects on your mental health, showing it to be capable of easing the effects anxiety, depression, cancer, and a plethora of other illnesses and diseases. The best part about all of this is that you don't have to be great at these activities, what matters most is the process you go through when you engage in these hobbies as these are the moments where you truly gain the benefits of having a hobby.

01

WHAT IS THE PRODUCT?

The product I decided to make with knowing what I wanted to do with my project was a basic set of tutorial videos on the fundamentals of art.

02

HOW DOES IT CONNECT?

It connects to the community through my personal connections with the school. This will allow me to personally reach out to the people who I distributed my tutorials to.

03

WHAT IS THE PLAN?

My original plan was to create 8 videos which corresponded to the 7 fundamentals of art and the 8th video is actually the introduction to the set of tutorials.

PHASE ONE



AUGUST

It was the beginning of school we had just begun to learn the information about the senior project. This is when we were coming up with ideas for our senior project and started to work on our senior project proposal.



NOVEMBER

By mid-November we had already finished the project proposal and we were actively working on our projects. At this time I was almost done writing the scripts for each of the 8 videos, I had already finished the outline for the videos and was actively attending my mentorships.

PHASE TWO



NOVEMBER

At the end of November I was having my scripts peer-reviewed. The people who I had peer-review my project were friends who also have art as an interest or even a job. I also had started to record the audio and visuals for my project.



JANUARY

By mid-January is where events deviated from my timeline, I had been delayed for nearly a month due to personal events so this month I was very busy with rushing my project which led me to a hard decision of cutting the amount of videos of my project in half.

PHASE THREE



JANUARY

By the end of January I was able to get my schedule back in order but a month lost was still a month lost. My timeline to finish the videos had been pushed back to the end of February which was very close to all the deadlines.



MARCH

During March 5th I should have distributed my videos then held a Q&A session for those who were curious and wanted to ask general questions about art and the art industry in general. By the end of May everything should have been finished.

*"All right, I've been thinking, when life gives you lemons,
don't make lemonade! Make life take the lemons back! Get
mad! I don't want your damn lemons! What am I supposed
to do with these? Demand to see life's manager! Make life rue
the day it thought it could give Cave Johnson lemons! Do
you know who I am? I'm the man whose gonna burn your
house down - with the lemons!"*

—PROBABLY CAVE JOHNSON

PROJECT REFLECTION

This project was a very interesting one in terms of growth. During my Junior project I had set my sights too high in terms of difficulty, this had led to several breakdowns in terms of schedule, progress, and even relationships due to how much I was working on it. This experience gave me the right mindset for my senior project, I set a reasonable goal that could be accomplished with some difficulty. During this entire year I saw my time management skills and interpersonal skills improve vastly as I used to be absolutely terrible in those aspects. In the end however personal problems got in the way of a smooth completion but in the end it's gonna be completed and I will finally be proud of a project I did.

TAKEAWAYS FOR MY FUTURE

One of the big changes to my life that I will take-away from this project was my strict schedule that I set up for myself.



I will also learn to set my goals to be reasonable for my current abilities.



The final take-away is that it's ok to rely on peers for assistance.



ACKNOWLEDGEMENTS

My artistic peers overseas for assisting me.

My mentors who helped guide me in the right direction.

My teachers who supported me the whole way through.

**THANK YOU FOR
ATTENDING MY
PRESENTATION**